

WILMINGTON ROWING CENTER
Certification of Ability to Swim
(Not valid unless all signatures are present)

The Wilmington Rowing Center requires at least minimal ability to swim, to tread water for three minutes, and to float for three minutes. This requirement is for your safety in case you were to fall into the water. You can take the test and get signatures at the Central YMCA or YWCA or at any other agency with certified lifeguard staff available. (In some settings, there may be a small charge). If you have a life saving certificate, or other proof, a copy of that documentation will suffice. This certification must be completed, along with other forms as stated in the application, prior to taking any rowing lessons or participating in other rowing activities. Please also refer to the excellent information provided by the USRA (Safety Chairperson) concerning guidelines and procedures for emergencies on the water.

Central YMCA of Wilmington
(or other facility)

We have observed and certify that (name) _____ has demonstrated the ability to do the following:

Swim 50 yards	_____
Tread water for three minutes	_____
Float for three minutes	_____

Name of facility: _____

Swimming pool staff member: _____

Signature of Wilmington Rowing Center applicant
(or member of school rowing program): _____

Signature of parent/guardian if applicant is under 18: _____